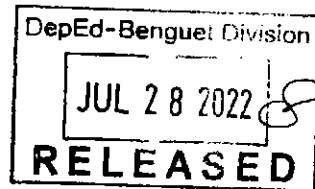




Republic of the Philippines  
**Department of Education**  
**Schools Division of Benguet**



SY 2022-2023 ANNUAL PHYSICAL EXAMINATION July 26, 2022  
FOR TEACHING AND NON-TEACHING EMPLOYEES

**DIVISION MEMORANDUM**

No. 234, S2022

**To: School Governance and Operations Division  
Curriculum Implementation Division  
Public Schools District Supervisors and District Heads  
School Heads of Concerned Public Elementary Schools  
School Heads of Concerned Public Secondary Schools  
School Health Section Personnel**

1. Pursuant to the DepEd Memorandum No. 22, s. 2015, entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel), as per RA 11223 or the Universal Health Care Act, its Implementing Rules, and Regulations, and in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989, all SDO Benguet teaching and non-teaching personnel are required to undergo Annual Physical Examination.

2. This is also in line with DBM-DepEd Joint Circular No. 02, s. 2021 which provides guidelines to implement DepEd OSEC Special Provision No. 11 for FY 2021 General Appropriations Act (GAA) on cash allowance for teachers which includes its use for the purpose of annual medical and physical examination expense.

2. The physical examination aims to ensure all teaching and non-teaching personnel are physically fit to perform their assigned tasks and functions before the start of SY 2022-2023.

3. The following diagnostic test are required:

a. Chest X-ray PA View (at least 6 months validity if already undergone chest X-ray last School Year)

*\*Note- Pregnant personnel are exempted for Chest X-ray*

b. Complete Blood Count

c. Urinalysis

4. For personnel with existing comorbid conditions (hypertension, diabetes mellitus, chronic kidney disease, cardiovascular diseases, and other comorbidities), the following additional laboratory test may be required by the Medical Officer:

a. Lipid Profile

b. Fasting Blood Sugar

c. Creatinine/BUN

d. SGPT/ALT

e. BUA

d. ECG



Address: Wangal, La Trinidad, Benguet  
Telephone Number: (074) 422-6570  
Email: [benguet@deped.gov.ph](mailto:benguet@deped.gov.ph)  
Facebook Page: DepEd Tayo Benguet

**HYAMAN**  
Highly Fields Accomplishments Goals Advancement Values Excellence





Republic of the Philippines  
**Department of Education**  
**Schools Division of Benguet**

5. Medical consultation and Form 86 certification is preferred to be conducted by a government physician and/or the SDO Medical Officer per appointment at the SDO Clinic or by District scheduling in the SDHCP Central Clinics.
6. Dental/oral examination shall also be conducted by the Division Dentists per appointment at the SDO Clinic or by District scheduling in the SDHCP Central Clinics. Oral health services must be done following the protocols stated under DOH Memorandum No. 2020-O327 or the Interim Guidelines on the Management of Patients and Delivery of Oral Health Services During the COVID-19 Pandemic.
7. Strict compliance to DepEd Order No. 14, s 2020, "Guidelines on the Required Health Standards in Basic Education Offices and Schools is a must during the conduct of the physical examination.
8. Signed Form 86 with laboratory results and a photocopy of teaching/ non-teaching personnel vaccination card shall be submitted to the District Nurses assigned on or before August 22, 2022.
9. Consolidated reports on the Annual Health Examination shall be submitted by the District Nurses via email through [rosellekristine.waguis@deped.gov.ph](mailto:rosellekristine.waguis@deped.gov.ph) or uploaded at <https://bit.ly/3oqvRM5> on or before August 31,2022.
10. For your information, guidance, and compliance.

  
**GLORIA B. BUYA-AO**  
Schools Division Superintendent

SGOD-SHS/rkw



Address: Wangal, La Trinidad, Benguet  
Telephone Number: (074) 422-6570  
Email: [benguet@deped.gov.ph](mailto:benguet@deped.gov.ph)  
Facebook Page: DepEd Tayo Benguet

**IPAMAN**  
Integrity | Values | Accomplishments | Excellence | Advancement | Futures Excellence

